



POSTPARTUM SUPPORT
INTERNATIONAL

Perinatal Mental Health Certification Program (PMH-C)

About PSI

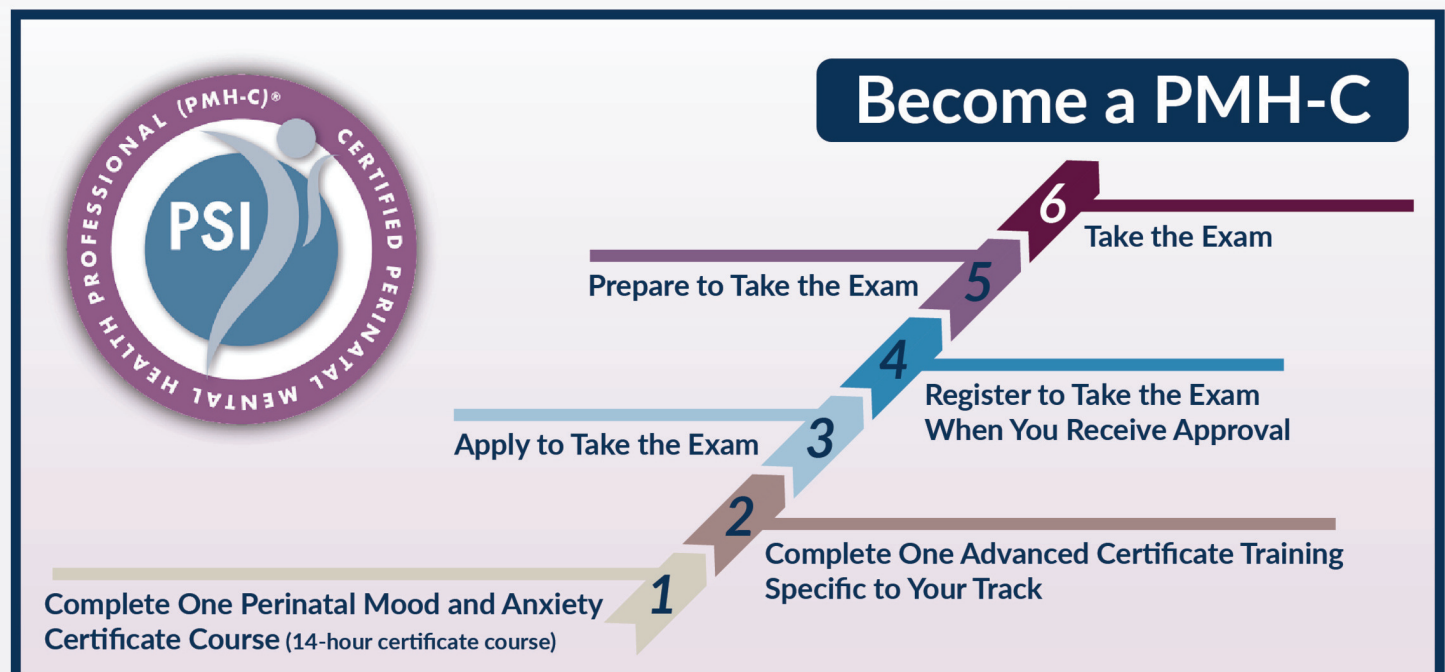
Postpartum Support International (PSI) is the leading organization dedicated to perinatal mental health disorders. Beyond direct support for pregnant, postpartum and post-loss individuals, PSI equips mental health and healthcare providers with resources to identify, support, and treat individuals experiencing perinatal mental health complications.



Build Expertise, Gain Recognition

Join the PSI Perinatal Mental Health Certification (PMH-C) Program, an advanced and comprehensive initiative designed to elevate your proficiency in perinatal mental health.

Be a recognized specialist with a leading organization devoted to perinatal mental health disorders.





Certification Overview



The PSI Perinatal Mental Health Certification(PMH-C) Program, developed in collaboration with Pearson VUE, extends beyond standard certificate training. It establishes a structured approach to professional education and evaluation. It sets a standard for training and experience, ensuring that families and payers can trust the expertise of perinatal mental health specialists.



PMH-C Candidate Requirements:

- Two years of relevant work experience
- Graduate degree (psychotherapy), Medical degree or Advanced Practice Nursing degree (those who prescribe), BA or Certificates (affiliated professionals)
- Evidence-based perinatal mental health certificate training: 14.5 hours of certificate training + 6 hours of advanced training



PSI Certificate of Completion Courses:

- Perinatal Mood and Anxiety Disorders: Components of Care (2-day training)
- Maternal Mental Health Certificate Course (Webinar series)
- Or Approved Alternate course



Advanced Perinatal Mental Health Certificate Courses:

- ***Courses that advance the overall mental health education for:***
 - Psychotherapy/Mental Health Providers
 - Those who prescribe medication
 - Affiliated Professions: Nurses, Doulas, Childbirth Educators, Lactation Consultants, Coaches, Occupational Therapists, Physical Therapists, Peer Support Specialists, and others

For More Information or Course Application:

- Email: certification@postpartum.net

Upcoming PSI Trainings:

- Explore our upcoming training sessions and events. Stay at the forefront of perinatal mental health expertise.
- Visit: <https://www.postpartum.net/professionals/certificate-trainings>